Overview
The Child Mania Rating Scale, Parent (CMRS-P) assesses symptoms that reflect the characteristics of a manic episode according to DSM-IV criteria, including symptoms consistent with criterion A (levels of elation/irritability), B (levels of self-esteem/grandiosity), and C (impairment to functioning). An educator/teacher-rated (CMRS-T) assessment and a brief version (10 item; Brief CMRS-P) are also available. Items for the measures were developed specifically for youth and adolescents rather than through adaptation of an existing adult-oriented rating scale.

Focus Area
Depression/Mood

Reporter
Caregiver
Educator

Purpose
Screening/Initial Evaluation
Progress Monitoring

Versions
Brief CMRS-P, Caregiver, 10 items (for ages 5-17)
CMRS-P, Caregiver, 21 items (for ages 5-17)
CMRS-T, Educator, 21 items (for ages 5-17)

Subscales
N/A

Sample Items
♦ Does your child feel irritable, cranky, or mad for hours or days at a time?
♦ Does your child have periods of too much energy?
♦ Does your child experience rapid mood swings?

Response Options
Never/rarely
Sometimes
Often
Very often

Estimated Completion Time
Less than ten minutes (Brief CMRS-P)
Ten to fifteen minutes (CMRS-P/CMRS-T)

Languages
English

Cost
Free

Access the measures:
CMRS-P       Brief CMRS-P       CMRS-T (not available)
## Scoring

### Administration, & scoring rules

#### Child Mania Rating Scale (CMRS)

<table>
<thead>
<tr>
<th>Possible range</th>
<th>CMRS-P; CMRS-T</th>
<th>Brief CMRS-P</th>
</tr>
</thead>
<tbody>
<tr>
<td>Item scores</td>
<td>0-63</td>
<td>0-30</td>
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To use the CMRS for *screening*:
- Rate symptoms causing impairment over the past month
  - Each item is considered to be a problem only if it is causing trouble, is beyond what is normal for the child’s age, and has been troublesome during the indicated time frame
- Sum all items on the CMRS-P or CMRS-T to get a total severity score

To use the CMRS for *progress monitoring*:
- Rate symptoms causing impairment over the past week
- Sum all items to get a total severity school
- Ratings can be completed as frequently as every week

To use the BRIEF CMRS-P for *screening* and *progress monitoring*:
- Follow above administration/rating procedures
- Sum all items to calculate the Brief total severity score

### Interpretation

#### CMRS-P/CMRS-T:

- **Screening**: scores 20 or greater suggest significant symptoms of mania
  - **Progress monitoring**: scores below 20 suggest symptom remission
- On the CMRS-P, the cutoff score provides adequate differentiation of youth with childhood Bipolar Disorder from healthy youth and those with ADHD, whose symptoms of hyperactivity, impulsivity, and distractibility often overlap.
  - Research has shown poor discrimination between Bipolar Disorder, ADHD, and healthy children on the CMRS-T, though.
- Although, the CMRS-T shows three factors, there are no cut-off levels available for interpretation:
  - Items 5,11,16 are associated with a high energy factor
  - Items 2,12,15,17 are associated with an irritable disinhibition factor
  - Items 1,18-20 are associated with a manic psychosis factor

#### Brief CMRS-P:

- **Screening**: scores greater than 10 suggest significant symptoms of mania
  - For *progress monitoring*, scores falling below this cut-off may suggest remission of symptoms
  - The accuracy of the brief version is similar to the full version

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Access to Spanish versions of the CMRS-P: [CMRS-P (Spanish)](http://www.theSHAPEsystem.com) [Brief CMRS-P (Spanish)](http://www.theSHAPEsystem.com)