



Child Mania Rating Scale, Parent (CMRS-P)

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Overview

The Child Mania Rating Scale, Parent (CMRS-P) assesses symptoms that reflect the characteristics of a manic episode according to DSM-IV criteria, including symptoms consistent with criterion A (levels of elation/irritability), B (levels of self-esteem/grandiosity), and C (impairment to functioning). An educator/teacher-rated (CMRS-T) assessment and a brief version (10 item; Brief CMRS-P) are also available. Items for the measures were developed specifically for youth and adolescents rather than through adaptation of an existing adult-oriented rating scale.

Focus Area

Depression/Mood

Purpose

Screening/Initial Evaluation
Progress Monitoring

Reporter

Caregiver
Educator

Versions

Brief CMRS-P, Caregiver, 10 items (for ages 5-17)
CMRS-P, Caregiver, 21 items (for ages 5-17)
CMRS-T, Educator, 21 items (for ages 5-17)

Subscales

N/A

Sample Items

- ◆ Does your child feel irritable, cranky, or mad for hours or days at a time?
- ◆ Does your child have periods of too much energy?
- ◆ Does your child experience rapid mood swings?

Response Options

Never/rarely
Sometimes
Often
Very often

Estimated Completion Time

Less than ten minutes (Brief CMRS-P)
Ten to fifteen minutes (CMRS-P/CMRS-T)

Languages

English

Cost

Free

Access the measures:

[CMRS-P](#)

[Brief CMRS-P](#)

CMRS-T (not available)



Scoring

Child Mania Rating Scale (CMRS)		
	CMRS-P; CMRS-T	Brief CMRS-P
Possible range	0-63	0-30
Item scores	Never (0) to Very often (3)	
Administration, & scoring rules	<p>To use the CMRS for <i>screening</i>:</p> <ul style="list-style-type: none"> ➤ Rate symptoms causing impairment over the past month <ul style="list-style-type: none"> ◆ Each item is considered to be a problem only if it is causing trouble, is beyond what is normal for the child's age, and has been troublesome during the indicated time frame ➤ Sum all items on the CMRS-P or CMRS-T to get a total severity score <p>To use the CMRS for <i>progress monitoring</i>:</p> <ul style="list-style-type: none"> ➤ Rate symptoms causing impairment over the past week ➤ Sum all items to get a total severity school ➤ Ratings can be completed as frequently as every week <p>To use the BRIEF CMRS-P for <i>screening</i> and <i>progress monitoring</i>:</p> <ul style="list-style-type: none"> ➤ Follow above administration/rating procedures ➤ Sum all items to calculate the Brief total severity score 	
Interpretation	<p>CMRS-P/CMRS-T:</p> <ul style="list-style-type: none"> ➤ <i>Screening</i>: scores 20 or greater suggest significant symptoms of mania <ul style="list-style-type: none"> ◆ <i>Progress monitoring</i>: scores below 20 suggest symptom remission ➤ On the CMRS-P, the cutoff score provides adequate differentiation of youth with childhood Bipolar Disorder from healthy youth and those with ADHD, whose symptoms of hyperactivity, impulsivity, and distractibility often overlap. <ul style="list-style-type: none"> ◆ Research has shown poor discrimination between Bipolar Disorder, ADHD, and healthy children on the CMRS-T, though. ➤ Although, the CMRS-T shows three factors, there are no cut-off levels available for interpretation: <ul style="list-style-type: none"> ◆ Items 5,11,16 are associated with a <u>high energy factor</u> ◆ Items 2,12,15,17 are associated with an <u>irritable disinhibition factor</u> ◆ Items 1,18-20 are associated with a <u>manic psychosis factor</u> <p>Brief CMRS-P:</p> <ul style="list-style-type: none"> ➤ <i>Screening</i>: scores greater than 10 suggest significant symptoms of mania <ul style="list-style-type: none"> ◆ For <i>progress monitoring</i>, scores falling below this cut-off may suggest remission of symptoms ◆ The accuracy of the brief version is similar to the full version 	

Access to Spanish versions of the CMRS-P: [CMRS-P \(Spanish\)](#) [Brief CMRS-P \(Spanish\)](#)

Summary compiled by CSMH (2017) for The SHAPE System (www.theSHAPEsystem.com)